

SPIRITUAL AND MORAL EDUCATION OF STUDENTS SPECIALTY «PHYSICAL EDUCATION AND SPORT» AS A GUARANTEE OF FORMING A PROFESSIONAL RESPONSIBILITY FUTURE SPECIALIST

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Abstract. Today in Ukrainian education there is a big gap in the education of spirituality and morality of future specialists, so that we are in a state of deep spiritual and moral crisis. The purpose of the article is to explore the elements of spiritual and moral education necessary for the formation of professional responsibility among students studying in the specialty "physical culture and sports". The research was based on comparative method, analytical study method and theoretical generalization of existing scientific concepts method. The article pays great attention to the elements of spiritual and moral education necessary for the formation of professional responsibility of students of the specialty "physical culture and sports". The importance of spiritual and moral-as an important source of professional responsibility of future specialists in physical culture and sports has been revealed. Teachers have opportunities to educate students about spiritual and moral qualities, traits, positions, beliefs, values, sensations and other positive virtues. And do not forget about the teacher's own example, he must have high spiritual and moral values, be professionally responsible, sincere and competent, love his business and people.

Keywords: spiritual and moral education, professional responsibility, physical culture and sports, future specialists, values, spiritual education, moral education, sampling, institution of higher education.

JEL Classification: I0; I20

Formulas: 0; **fig.:** 0; **tabl.:** 0; **bibl.:** 9

Introduction. Today in Ukrainian education there is a big gap in the education of spirituality and morality of future specialists, so that we are in a state of deep spiritual and moral crisis. A person who knows how to establish a connection with other people should be aware of the significance and individuality of another, must understand his autonomy and sovereignty.

Moral education is the educational influence of social institutions, namely: family institutes, education systems, religious organizations, media, labor collectives aimed at forming and developing moral qualities, behavioral skills, feelings, norms and principles of morality.

Moral education of students is the educational work of a higher educational institution aimed at the development of stable moral qualities, rules of conduct, norms and principles of morality among students.

Professional training of specialists in physical culture and sports is carried out by higher education institutions. Therefore, their preparation faces both purely sports, educational and educational goals and objectives. It is about teaching students, their upbringing, socialization and personal development. The purpose of each of these tasks is in their systemic integrity, in the formation of high professional and social competence of the future graduate as a specialist, athlete and personality,

development of a sense of responsibility, moral principles and beliefs, active civic position, aesthetic tastes and ideals, humanistic life goals and values.

Literature review. The analysis of recent researches and publications makes it possible to understand the significant contribution to the theory of spiritual and moral education of students in higher education institutions is considered by modern, domestic scientists such as: I.Bekh, M.Borishevsky, G.Vasyanovych, Y.Hrytsak, O.Dubasenyuk, S.Goncharenko, M.Yevtuh, I.Tyazyun, V.Lappo, V.Loza, O.Ovcharova, I.Sidanych, O.Sukhomlinska, P.Beneskul O.Yarmolenko and others; spiritual component of personality education are engaged in such scientists and teachers as: M. Borishevsky, V. Petrovich, I. Charikova, O. Nevmerzhytska and others; questions of responsibility, moral responsibility and professional responsibility are dealt with by scientists such as: T. Alekseenko, O. Ponomaryov, O. Romanovsky, M. Chebotaryov, N. Sereda, O. Bida, O. Bloshenko, G. Sozykina, I. Sopivnyk, O. Moyko, I.Gamula, T.Rymareva, L.Gren, I.Svezhentseva and others;

All of the above scientists, educators and teachers unanimously state the great need for spiritual and moral education of young people, since the right elements of education form spiritual and moral values necessary for a happy life, as well as for nurturing the future generation.

Aims. The purpose of the article is to explore the elements of spiritual and moral education necessary for the formation of professional responsibility among students studying in the specialty "physical culture and sports".

Methods. The research was based on comparative method, analytical study method and theoretical generalization of existing scientific concepts method.

Results. In modernity, the growth of requirements for specialists in physical culture and sports leads to dense and purposeful training of students in this specialty.

The concept of spirituality is associated with the phenomenon of responsibility, which carries a significant semantic load in pedagogy, including sports. According to R.S. Nemov, a significant sign of responsibility is the willingness and ability of a person to be personally responsible for what is happening to him and others. He is sure that "the responsible person does everything in his power to change the state of affairs for the better" [6, p. 284].

Necessary elements of spiritual and moral education of future specialists of physical culture and sports:

1) Spiritual and moral (spiritual - religious concept, moral - worldly) education is a direct path to the development of responsibility of students. The unconditional influence of the teacher as a carrier of spiritual and moral values should create a favorable underpinnation in classes with students.

A. Lappo in his study identified the main elements of national culture that contribute to the education of spiritual and moral values.

2) The main element of the formation of a professionally responsible future specialist in physical culture and sports is moral education, which should be aimed at the formation and understanding of the moral values of the student, because it is personal values that determine temperament, manners, actions, and so on.

Moral values of the individual are a system of world perception, which includes an assessment of everything existing from the stand of good and evil, freedom and responsibility, understanding of happiness, justice and love, which allows to establish a connection between human actions and the generally accepted system of social values.

Basic moral values: spirituality, love, health, family, friendship, dignity, respect, tolerance, compassion, charity, and others. The main condition for the moral upbringing of the individual is the formation and development of moral values.

3) An important element of the moral upbringing of *the* individual is learning, since it is during this period that the foundation is used in later life. In the educational process, not only theoretical and practical knowledge in the field of physical culture and sports is formed, but also a positive attitude to the profession, understanding the need for educated, professionally responsible and competent specialists

4) Another element of the moral upbringing of students is the *samping*. Self-education is a positive, purposeful process of self-development and self-improvement of the individual throughout life. Self-education in the intellectual, spiritual sphere is self-education. Self-education in the moral and psychological sphere consists in self-control over itself, for its lack of character, and so on. *Samovovyovy* in physical culture and sports consists in a responsible attitude to personal hygiene, in constant training, carrying out wellness procedures, monitoring their health and appearance, medical examination and performance of medical advice and much more. *Samovyovovy* is the highest stage of the educational process.

5) The next element of moral education is physical culture and sports, which require from a student athlete great personal and professional responsibility, discipline and diligence, and these qualities are moral. Physical culture is aimed not only at strengthening the health and development of physical, but also at the formation and development of moral, strong-willed and intellectual abilities in order to harmoniously develop personality.

6) An element of moral education of students is the practice of organizational, pedagogical, coaching, pre-graduation.

All the above-mentioned elements of spiritual and moral education in the specialty "physical culture and sports" are formed by the following means:

- formation and development of spirituality and morality on a humanitarian basis such as: admission to the specialty, pedagogy, pedagogy of higher school, pedagogical skills, professional responsibility and others;

- the rise of the spirituality of the Ukrainian nation, excursions to the Ukrainian Orthodox Church; trips and excursions to museums in Kharkov, cinemas, theaters, exhibitions and more;

- meetings with prominent athletes and graduates of the specialty "physical culture and sports";

- education and development of kindness, love and respect for others, charity, tolerance, honesty, diligence, humanity, spirituality of a person who realizes his responsibility (personal, spiritual, moral, social, professional and others) before God, people and homeland.

Discussion. Consequently, the problem in question leads to the conclusion that the role of physical culture and sports is increasingly influencing society, and thereby increasing the impact on the training of a professionally responsible specialist in this field.

Professional responsibility is the quality of the individual that allows you to understand the essence and significance of the activity, understanding and competent fulfillment of their professional duties, readiness to answer for the result of their actions and decisions [7, p. 58].

Professional responsibility of a specialist in physical culture and sports is a personal property that involves awareness of the importance of quality performance of duties and conscientious observance of humanistic and professional values in future labor activities, which includes ensuring conditions for personal and physical development, improving health, and ensuring the safety of educational activities of their pupils.

One of the important elements of the formation of professional responsibility of future specialists in physical culture and sports are its spiritual and moral values, which in turn into honesty and decency, in the desire for proper personal development. It is the rich inner spiritual world that is a prerequisite for a responsible attitude to its profession.

Conclusion. Thus, the spiritual and moral education of a student of the specialty "physical culture and sports" is an integral part of a professionally responsible specialist. the rise of the spirituality of the Ukrainian nation; trips and excursions to museums of the city of Kharkov, cinemas, theaters, exhibitions, etc.; meetings with prominent athletes and graduates of the specialty "physical culture and sports"; education and development of kindness, love and respect for others, mercy, tolerance, honesty, hard work, humanity, spirituality of a person who is aware of his responsibility to God, people and homeland.

Teachers have opportunities to educate students about spiritual and moral qualities, traits, positions, beliefs, values, sensations and other positive virtues. And do not forget about the teacher's own example, he must have high spiritual and moral values, be professionally responsible, sincere and competent, love his business and people.

Author contributions. The authors contributed equally.

Disclosure statement. The authors do not have any conflict of interest.

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Received: January 13, 2021
Approved: February 02, 2021