

# DEMOCRATIZING INDIA: THE ROLE OF MEDIA IN POLITICAL ACTIVISM AND YOUTH EMPOWERMENT

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**Abstract.** The democratization of media in India has ushered in a dynamic era marked by both challenges and opportunities, particularly in the realms of political activism and youth empowerment. The primary aim of this article is to investigate the impact of media on political activism and the empowerment of youth within the Indian democratic context. It seeks to explore how various media platforms, including digital and social media, contribute to shaping political opinions and facilitating civic engagement among India's younger population. This article delves into the multifaceted role of media in shaping India's democratic landscape, with a specific focus on its impact on political discourse, citizen engagement, and youth empowerment. Through a comprehensive review of existing literature and empirical evidence, the article explores the challenges posed by the spread of misinformation, regulatory constraints, and digital inequalities, while also highlighting the opportunities presented by citizen journalism initiatives, alternative media outlets, and social media platforms. By equipping citizens, especially the youth, with critical media literacy skills and promoting digital citizenship, India can navigate the complexities of media democratization to foster a more inclusive, participatory, and resilient democracy. Through this analysis, the article contributes to a deeper understanding of the intricate interplay between media, politics, and youth empowerment in the context of India's evolving democratic landscape. The future of Indian democracy will significantly depend on how well the nation manages to harness the potential of media platforms to foster informed political participation while mitigating the risks associated with digital media proliferation. As this article illustrates, nurturing a resilient and inclusive democratic process is contingent upon empowering the youth with the tools to critically engage with media and actively participate in the democratic governance of their country.

**Keywords:** media democratization; India; political activism; youth empowerment; traditional media; digital media; citizen journalism; misinformation; regulatory constraints; digital inequalities; social media; media literacy; democratic governance.

**JEL Classification:** H50, H83

**Formulas:** 0; **fig.:** 0, **table:** 1; **bibl.:** 21

**Introduction.** India, often lauded as the world's largest democracy, has undergone significant socio-political transformations in the past few decades, with a particular emphasis on the engagement of its youth population in political activism. With over 65% of its population below the age of 35, India boasts one of the largest youth demographics globally (UNFPA, 2020). This demographic reality not only underscores the importance of youth engagement in shaping the country's political landscape but also highlights the critical role of media in facilitating and amplifying their voices.

The democratization of India's media landscape has been a key factor in enabling political activism and youth empowerment. Traditionally, mainstream media outlets such as newspapers, television channels, and radio stations have played a significant role in shaping public discourse and influencing political narratives. However, the advent of digital media has revolutionized the way information is disseminated, shared, and consumed, offering new avenues for citizen engagement and participation.

Social media platforms, in particular, have emerged as powerful tools for political mobilization, enabling citizens, especially the youth, to organize campaigns, express dissent, and mobilize support around various social and political causes (Castells, 2012). Platforms like Twitter, Facebook, and WhatsApp have facilitated the rapid spread of information and the formation of online communities, leading to the emergence of youth-led movements such as the anti-corruption protests led by Anna Hazare in 2011 and the nationwide demonstrations against the Citizenship Amendment Act (CAA) in 2019-20.

Furthermore, the rise of citizen journalism initiatives and independent media outlets has democratized the production and dissemination of news, providing alternative narratives and perspectives that challenge mainstream discourses. Platforms like Alt News, The Wire, and Scroll.in have gained prominence for their investigative journalism and fact-checking efforts, countering misinformation and holding power to account.

Despite the transformative potential of the media in democratizing India, there exist significant challenges and complexities. The proliferation of fake news and misinformation on social media platforms has raised concerns about the erosion of truth and the manipulation of public opinion. Moreover, regulatory constraints and censorship measures, such as the Information Technology (Intermediary Guidelines and Digital Media Ethics Code) Rules 2021, have raised questions about freedom of expression and media autonomy.

Addressing these challenges requires a multi-faceted approach that encompasses media literacy initiatives, digital inclusion efforts, and the protection of fundamental freedoms. By empowering its youth population with critical media literacy skills and ensuring equitable access to digital resources, India can harness the transformative potential of media to foster a more participatory, inclusive, and resilient democracy.

**Literature review.** The role of media in political processes is a critical area of study, particularly in the context of emerging democracies like India. The article "Democratizing India: The Role of Media in Political Activism and Youth Empowerment" examines the intersection between media platforms and political

engagement among India's youth. This review explores the article's contribution to the literature on media's role in democratization and youth activism.

Research has consistently highlighted the media's potential to influence public opinion and political engagement (McLeod, Scheufele, & Moy, 1999). In the context of India, studies such as those by Thussu (2007) have noted that media can act as a democratizing force, yet this potential is often hampered by issues of media ownership and regulation (Page & Crawley, 2001).

The youth of India represent a significant demographic force, and their political mobilization is crucial for democratic processes (Chadha & Kavoori, 2000). The article under review adds to this discourse by illustrating how digital media platforms have become tools for political expression and mobilization among young Indians, echoing findings from Shah et al. (2007) who discuss the empowering role of media in civic participation.

Digital media offers unprecedented access to information and platforms for political engagement (Livingstone, 2004). In "Democratizing India," the role of social media platforms like Facebook and Twitter in fostering political discussions among the youth is highlighted, aligning with global trends in digital activism (Castells, 2012).

While the article identifies significant opportunities for media to aid in democratization, it also acknowledges challenges such as misinformation, media bias, and the digital divide that can impede these processes (Norris, 2001). These issues are crucial in understanding the limitations of media in fully realizing democratic ideals.

The democratization of media in India presents a multifaceted landscape characterized by both challenges and opportunities. Traditional media outlets, digital platforms, and citizen journalism initiatives all play crucial roles in shaping public discourse, political engagement, and democratic governance. However, amidst the transformative potential of media, significant challenges such as the spread of misinformation, regulatory constraints, and digital inequalities persist.

The spread of misinformation and fake news on digital platforms undermines public trust in the media and erodes the foundations of democratic discourse (Allcott & Gentzkow, 2017). Regulatory measures, such as the Information Technology (Intermediary Guidelines and Digital Media Ethics Code) Rules 2021, raise concerns about censorship and government overreach, stifling dissent and curtailing journalistic freedoms (The Wire Staff, 2021). Moreover, digital inequalities persist, with millions of Indians lacking access to reliable internet connectivity and digital literacy skills (Ghosh, 2018).

Despite these challenges, media democratization also presents opportunities for fostering a more inclusive, participatory, and informed society. Citizen journalism initiatives and alternative media outlets provide alternative narratives and perspectives that challenge mainstream discourses (Raghav, 2016). Social media platforms enable grassroots mobilization and citizen engagement, facilitating greater political activism and civic participation (Chadha, 2018). Efforts to promote media literacy and digital citizenship empower citizens with the skills to critically analyze media messages, navigate the digital world responsibly, and engage in informed civic discourse (UNESCO, 2013).

Addressing the challenges and harnessing the opportunities of media democratization in India requires concerted efforts from governments, civil society organizations, and the private sector. Safeguarding press freedom, promoting media literacy, and expanding access to digital resources are essential steps towards fostering a more inclusive, participatory, and resilient democracy. By empowering citizens with the tools and knowledge to navigate the complexities of the media landscape, India can build a more vibrant and pluralistic public sphere where diverse voices are heard, and democratic values are upheld.

**Aims.** The primary aim of this article is to investigate the impact of media on political activism and the empowerment of youth within the Indian democratic context. It seeks to explore how various media platforms, including digital and social media, contribute to shaping political opinions and facilitating civic engagement among India's younger population. This article delves into the multifaceted role of media in shaping India's democratic landscape, with a specific focus on its impact on political discourse, citizen engagement, and youth empowerment.

**Methodology.** Through a comprehensive review of existing literature and empirical evidence, the article explores the challenges posed by the spread of misinformation, regulatory constraints, and digital inequalities, while also highlighting the opportunities presented by citizen journalism initiatives, alternative media outlets, and social media platforms.

**Results.** The relationship between media and political activism in India is multifaceted and dynamic, with various forms of media playing crucial roles in shaping public discourse, mobilizing citizens, and catalyzing social change. This section explores the diverse ways in which media platforms, both traditional and digital, contribute to political activism in India, with a focus on empirical evidence and case studies.

Historically, traditional media outlets such as newspapers, television channels, and radio stations have served as primary sources of news and information for the Indian populace. These outlets have played a significant role in shaping public opinion, influencing political narratives, and mobilizing citizens around social and political causes (Chadha, 2018). For instance, during India's struggle for independence, newspapers like *The Hindu* and *The Indian Express* played a pivotal role in galvanizing public support for the freedom movement through their coverage and editorials.

Television, in particular, has emerged as a powerful medium for political communication, with news channels like NDTV, Times Now, and Republic TV shaping public discourse and agenda-setting (Thussu, 2019). The televised debates, panel discussions, and investigative reports on these channels often serve as platforms for political actors to articulate their views, engage in dialogue, and hold each other accountable.

The advent of digital media has revolutionized the landscape of political communication in India, offering new avenues for citizen engagement, participation, and activism. Social media platforms such as Twitter, Facebook, and WhatsApp have emerged as powerful tools for political mobilization, enabling citizens to organize campaigns, share information, and express dissent in real-time (Chadha, 2018). For

example, the "Save Jallikattu" movement in Tamil Nadu and the "Not In My Name" protests against mob lynching incidents were largely organized and mobilized through social media platforms.

Moreover, the rise of citizen journalism initiatives and independent media outlets has democratized the production and dissemination of news, providing alternative narratives and perspectives that challenge mainstream discourses (Thussu, 2019). Platforms like Alt News, The Wire, and Scroll.in have gained prominence for their investigative journalism and fact-checking efforts, countering misinformation and holding power to account.

The democratization of media has played a crucial role in mobilizing India's youth population and empowering them to participate in political activism and social movements. With over 65% of its population under the age of 35, India boasts one of the largest youth demographics globally (UNFPA, 2020). Social media platforms, in particular, have become important spaces for young people to express their views, connect with like-minded individuals, and mobilize collective action around issues they care about.

Case studies such as the anti-corruption protests led by Anna Hazare in 2011 and the nationwide demonstrations against the Citizenship Amendment Act (CAA) in 2019-20 highlight the significant role of youth-led movements in shaping India's political landscape (Chadha, 2018). These movements, fueled by digital media and social networking sites, mobilized millions of young Indians across the country, challenging established power structures and demanding accountability from the government.

Youth empowerment through media literacy is a crucial aspect of democratizing India's media landscape. This section delves into the importance of media literacy for empowering India's youth population and promoting informed civic engagement.

Media literacy encompasses a range of skills and competencies that enable individuals to critically analyze, evaluate, and engage with media messages. In the digital age, where information is abundant and easily accessible, media literacy plays a vital role in equipping young people with the tools to navigate the complexities of the media landscape (Buckingham, 2019). By developing critical thinking skills, youth can discern fact from fiction, identify bias and propaganda, and make informed decisions about the information they consume and share.

Media literacy empowers young people to become active participants in the democratic process by enabling them to critically engage with media content, express their views, and participate in public discourse. By teaching youth how to create and share their own media messages, media literacy initiatives foster a sense of agency and empowerment, enabling young people to amplify their voices and advocate for social change (Hobbs, 2017). For example, initiatives like the Youth Ki Awaaz platform provide a space for young Indians to share their perspectives on issues ranging from politics and social justice to culture and identity.

Media literacy also plays a crucial role in promoting digital citizenship among young people, encouraging responsible and ethical behavior in online spaces. By teaching youth about topics such as online privacy, cyberbullying, and digital rights,

media literacy initiatives empower them to navigate the digital world safely and responsibly (Livingstone, 2019). Moreover, media literacy fosters a sense of civic responsibility, encouraging young people to use their digital skills for positive social change and community engagement.

Despite the transformative potential of media literacy, digital inequalities persist, with millions of young Indians lacking access to reliable internet connectivity and digital literacy skills (Ghosh, 2018). Bridging this digital divide is essential for ensuring that all young people have equal opportunities to participate in civic life and access information. Media literacy initiatives must therefore prioritize efforts to expand digital infrastructure, provide training and resources to underserved communities, and address socio-economic disparities that perpetuate inequality (UNICEF, 2021).

The democratization of media in India presents both challenges and opportunities for fostering a more inclusive, participatory, and informed society. This section explores the complexities associated with media democratization in India, highlighting key challenges and opportunities, along with relevant citations and references.

**Table 1. The main challenges and opportunities for fostering a more inclusive, participatory, and informed society in India**

Challenges	Opportunities
Spread of Misinformation and Fake News	Citizen Journalism and Alternative Media
Regulatory Constraints and Censorship	Social Media and Grassroots Mobilization
Digital Inequalities and Access	Media Literacy and Digital Citizenship

*The main challenges for fostering a more inclusive, participatory, and informed society in India are:*

*1. Spread of misinformation and fake news.* One of the most significant challenges facing media democratization in India is the proliferation of misinformation and fake news on digital platforms (Shu, 2017). The rapid spread of false information, often fueled by political agendas or sensationalism, undermines public trust in the media and erodes the foundations of democratic discourse (Allcott & Gentzkow, 2017). Misinformation campaigns have the potential to manipulate public opinion, exacerbate social tensions, and undermine democratic norms, posing a significant threat to India's pluralistic fabric.

*2. Regulatory constraints and censorship.* The regulatory environment governing media in India is characterized by complex and often ambiguous regulations, which can impede freedom of expression and media autonomy (Choudhary, 2020). Recent regulatory measures such as the Information Technology (Intermediary Guidelines and Digital Media Ethics Code) Rules 2021 have raised concerns about censorship and government overreach, stifling dissent and curtailing journalistic freedoms (The Wire Staff, 2021). Moreover, the use of defamation laws and sedition charges to target journalists and media organizations further undermines press freedom and inhibits investigative journalism.

*3. Digital inequalities and access.* Despite the rapid growth of digital media in India, digital inequalities persist, with millions of Indians lacking access to reliable internet connectivity and digital literacy skills (Ghosh, 2018). The digital divide

exacerbates existing socio-economic disparities, limiting access to information and civic participation among marginalized communities (UNICEF, 2021). Bridging this gap requires concerted efforts to expand digital infrastructure, provide training and resources to underserved populations, and address barriers to access such as affordability and language barriers.

*The main opportunities for fostering a more inclusive, participatory, and informed society in India are:*

1. *Citizen journalism and alternative media.* The rise of citizen journalism initiatives and alternative media outlets has democratized the production and dissemination of news, providing alternative narratives and perspectives that challenge mainstream discourses (Raghav, 2016). Platforms like Alt News, The Wire, and Scroll.in have gained prominence for their investigative journalism and fact-checking efforts, countering misinformation and holding power to account. By amplifying marginalized voices and highlighting grassroots issues, these platforms contribute to a more pluralistic and inclusive public sphere.

2. *Social media and grassroots mobilization.* Social media platforms have emerged as powerful tools for political mobilization and grassroots activism, enabling citizens to organize campaigns, share information, and express dissent in real-time (Chadha, 2018). Movements such as the anti-corruption protests led by Anna Hazare in 2011 and the nationwide demonstrations against the Citizenship Amendment Act (CAA) in 2019-20 were largely organized and mobilized through social media platforms. By providing a platform for diverse voices and perspectives, social media facilitates greater citizen engagement and participation in political discourse.

3. *Media literacy and digital citizenship.* Efforts to promote media literacy and digital citizenship among the Indian populace present an opportunity to empower citizens with the skills to critically analyze media messages, navigate the digital world responsibly, and engage in informed civic discourse (UNESCO, 2013). Media literacy initiatives, such as the Media Awareness Network (MAN) and Digital Empowerment Foundation (DEF), play a crucial role in equipping citizens, particularly youth, with the tools to discern fact from fiction, identify bias and propaganda, and participate meaningfully in democratic processes.

**Discussion.** The exploration of the media's role in democratizing India underscores a complex and multifaceted impact on political activism and youth empowerment. As highlighted in the article, traditional and digital media platforms are instrumental in shaping the political consciousness of India's youth, a demographic that is pivotal in steering the future of the nation's democratic journey. The interplay between media and democracy in India reveals both the power and the pitfalls of media influence in the digital age.

Digital media, especially social media platforms, have proven to be double-edged swords. On one hand, they serve as platforms for political engagement and activism, empowering youth to mobilize around social and political causes effectively. On the other hand, they are also conduits for misinformation and fake news, which can undermine the very foundation of democratic discourse. The rise of movements like the anti-corruption protests led by Anna Hazare and the CAA demonstrations

showcases how digital tools can facilitate significant social movements, bringing issues to the national forefront and demanding governmental accountability and transparency.

One of the most pressing issues addressed is the proliferation of misinformation through digital channels. This not only challenges the integrity of democratic processes but also complicates the media's role as a facilitator of informed public discourse. The spread of fake news can skew public perception and influence electoral outcomes, posing a serious threat to the democratic ethos of India. Regulatory measures, while intended to curb such risks, often walk a fine line between censorship and freedom of the press, raising concerns about media autonomy and freedom of expression.

To mitigate these challenges, the article suggests enhancing media literacy among the youth. Educating young citizens about the critical consumption of media, understanding the source and intent of information, and engaging responsibly in digital spaces can fortify the democratic landscape. This not only involves critical analysis of media content but also encourages active participation in the media creation process, promoting a more informed and proactive citizenry.

The article calls for a balanced approach to harnessing the democratic potential of media while safeguarding against its vulnerabilities. Policies aimed at promoting digital inclusion and media literacy should be prioritized to ensure that the democratizing potential of media is realized across all segments of society. Furthermore, the government and civil society must collaborate to create a regulatory framework that supports media freedom while combating misinformation effectively.

**Conclusion.** The exploration of media's influence on political activism and youth empowerment in India underscores a transformative landscape where the voices of the young act as pivotal agents of democratic change. This article has highlighted the dual roles played by both traditional and digital media in shaping political engagement among India's youth, reflecting a complex interplay of empowerment and challenges within the world's largest democracy.

Media platforms, particularly digital and social media, have emerged as significant enablers of dialogue and dissent, providing young Indians with the tools to mobilize, advocate, and effectuate political change. The anti-corruption movement and protests against the Citizenship Amendment Act serve as epitomes of how digital media can be leveraged to organize and elevate youth-led movements, bringing to light pressing national issues and galvanizing public response.

However, alongside the opportunities for democratization and engagement, the media landscape in India is fraught with challenges. Misinformation, media bias, and digital divides pose substantial threats to the integrity of democratic engagement. Moreover, regulatory measures such as the Information Technology (Intermediary Guidelines and Digital Media Ethics Code) Rules 2021 have stirred debates around censorship and media freedom, highlighting the delicate balance between regulation and the right to free expression.

Addressing these complexities requires a concerted effort towards promoting media literacy and creating a robust framework for media regulation that protects both democratic engagement and freedom of expression. By enhancing media literacy, India can equip its youth with the critical thinking skills necessary to navigate the media



landscape effectively, discerning misinformation and engaging in informed dialogue.

In conclusion, the role of media in democratizing India is indispensable yet fraught with significant challenges. The future of Indian democracy will significantly depend on how well the nation manages to harness the potential of media platforms to foster informed political participation while mitigating the risks associated with digital media proliferation. As this article illustrates, nurturing a resilient and inclusive democratic process is contingent upon empowering the youth with the tools to critically engage with media and actively participate in the democratic governance of their country.

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